

LIFESOURCE MEDICAL CENTRE ANNOUNCING GRAND OPENING

Monday, January 4th, 2010

- Family Doctors
- Primary Care Pediatrician
- Specialist in Men's Health
(OHIP covered) visit www.ottawamensclinic.ca
- Psychotherapy & Counselling
(OHIP covered)
- Foot Specialist – 20 years experience



► Accepting New Patients

The only WALK-IN Medical Clinic in Bells Corners

Open 6 days a week – Monday thru Saturday

- **Robertson Pharmacy** will be relocating inside the new "LifeSource Medical Centre", offering the same friendly and personal service.
- **Capital Hearing Clinic** offers medical based audiology services including hearing tests, hearing aid evaluation, and custom made earplugs. Visit us at the new "LifeSource Medical Centre" for your free initial hearing test.
- **Ottawa Chiropractic and Collaborative Care (OC3)** is one of the only Physiotherapy and Chiropractic Centres teamed up with and offering services within Ottawa Medical Clinics. We are thrilled to be joining "LifeSource Medical Centre" in Bells Corners at its brand new location.


LifeSource
Medical Centre

10500806

130 Roberston Road, Bells Corners
(near Robertson & Moodie - beside McDonalds)

Physician appointments: 613-828-3122 (ext.3)

All other services: 613-828-6443 (ext.3)

OC3 is HIRING for the following positions:

- Naturopath
- Registered Massage Therapist
- Physiotherapist / Athletic Therapist

Please forward applications to:
cwilson.mfhc@gmail.com

JOBS

LIFESOURCE is HIRING for the following positions:

- Administrative staff
- Personal support worker
- Registered practical nurse

Please forward applications to:
fax: 613-828-2010 or email: info@lifefsourcehc.com

The following article will be published in the Ottawa Citizen as a special feature on October 24th, 2009

All kinds of healthcare under one roof at LifeSource Health Centre

By Louise Rachlis

When a woman in her mid-70s suffered from “frozen shoulder,” she visited Mohit Khosla, trained in osteopathic manual medicine, for relief.

“I was able to restore mobility to her shoulder in addition to providing symptom resolution,” he says, “avoiding more invasive measures.”

Mohit Khosla is currently pursuing his Doctorate in Osteopathology, a credential only offered by the Canadian Academy of Osteopathy in Hamilton. On completion, he will be the first accredited Osteopathologist in Ottawa. Osteopathy is just one of dozens of services provided by LifeSource Health Centre in Nepean.

Osteopathy is a treatment philosophy whereby osteopaths view the human body as much more than the sum of its individual parts. This encompasses the entire individual in all of his or her unique complexity. As a medical discipline, osteopathy is about understanding the dynamic relationships of anatomy (structure) and physiology (function), and applying this to all diseases, disorders and dysfunctions.

“LifeSource Health Centre nurtures an attitude of positive health through a holistic approach to healing,” says Khosla, co-owner with Dr. Sumeet Sadana, a consultant pediatrician. “Our model integrates different medical disciplines under one roof, allowing clinicians to collaborate their efforts when providing medical care.”

“When it comes to medicine, we’re filling a void where demand overrides supply,” he says. “Many people over 50 who require medical attention often lack a family physician. The nice thing about our model is that the services are here... readily available on site.”

Nearly 30 per cent of emergency room visits are non-urgent care, he says. “The Queensway Carleton Hospital has one of the busiest emergency departments in the city, and if non-urgent care patients can be redirected to a well-equipped walk-in clinic, it may alleviate emergency room wait times.” In their new facility, LifeSource will coordinate their efforts with the hospital to accommodate all non-urgent care patients by maintaining daytime walk-in hours from Mondays through Saturdays.

They opened in April 2006, and by year end, LifeSource will be moving to a new location at 130 Robertson Road near Moodie Drive in Bells Corners.

They will be doubling their space to 5,300 square feet to accommodate many new services such as a pharmacy and a hearing assessment centre, plus existing services which include family, pediatric, and podiatric medicine, psychological services, osteopathy, chiropractic, naturopathy, homeopathy, physiotherapy, athletic therapy, massage therapy, and acupuncture. The planned subsequent expansion will aim at providing additional diagnostic and treatment services.

“The focus of our complimentary health services is a multifaceted approach to the patient’s injuries,” he says. “This holistic approach to injury management helps decrease potential re-injury and may lead to an overall decrease in the length of disability.”

Until the end of the year, LifeSource is located at 1 Stafford Road in Nepean, next to the Stafford IDA pharmacy. LifeSource can be reached at 613-828-3122 (ext. 3) for physician appointments or 613-828-6443 (ext. 3) for all other services. All pharmacy inquiries may be directed to 613-726-7999.



LifeSource
Medical Centre